



Family Swim Times (SAC members only)

May 3—June 28, 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
7-9am	7-9am	7-9am	7-9am	7-11am	1 - 5:30 pm
10-11am	10-1:30pm	10-11am	10-11pm	12-3:30pm	
12-3pm	2-3:30pm	12-1:30pm	2-4pm		
3:30-4:30pm		2-4:30pm	4:30-6pm		
5:15-6pm	4:30-6pm	5:15-6pm			
8-9pm	8-9pm	8-9pm	8-9pm	5:30-9pm	

- A great way to have fun and exercise with your children!
- Parents and children may use the *large shallow lane* to play and swim.
- Please leave all other lap lanes open for Swim Lessons and Adult Swimming.
- Children are welcome to swim and play **ONLY** during Family Swim Times so as not to disrupt classes.
- Children ages 5 and older are not allowed in opposite sex locker rooms.
- Diapers are not allowed in the pool. Plastic pants or swim diapers should be worn and may be purchased at the Front Desk.