



Family Swim Times

(SAC members only)

January 2—February 26, 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
7-11am	7-9am	7-11am	7-9am	7-11am	1-5:30pm
12-6pm	10-5pm	1-6pm	10-1:30pm		
			2:30-5pm	12-9pm	
8-9pm	8-9pm	7-9pm	8-9pm		

Please shower before entering pool!

Shoulder length hair should be tied back!!

- A great way to have fun and exercise with your children!
- Parents and children may use the *large shallow lane* to play and swim.
- Please leave all other lap lanes open for Swim Lessons and Adult Swimming.
- Children are welcome to swim and play **ONLY** during Family Swim Times so as not to disrupt classes.
- Children ages 5 and older are not allowed in opposite sex locker rooms.
- Diapers are not allowed in the pool. Plastic pants or swim diapers should be worn and may be purchased at the Front Desk.